

Let's get moving together on Facebook!

We're bringing our PrimeFit class to the comfort of your own apartment!



Join Michael Linzey for our live interactive workout. Check your PrimeFit Gym Schedule to see when classes will be held. Follow these easy steps and join a new togetherness of fitness:

1. Turn on your tablet, phone, iPad, laptop, or desktop
2. Make sure your internet is connected
3. Open your Facebook account
4. Go to Fairwinds–Desert Point
5. Click on the “discussion” button to join the Live event

You can also pre-register by simply following our page and click “going” to the Prime Fitness Buddies Workout.

Please also share the event with your friends and loved ones so that they can participate as well.

If you need any help pre-registering, please call Michael Linzey via the front desk.



FAIRWINDS
DESERT POINT

It's More Than Retirement. It's Five-Star Fun.

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 A LEISURE CARE PREMIER COMMUNITY

